Give Your Best Presentation Performance...

EVERY TIME!

Megan Taylor
National Weather Service Training Center

Session Time:
9:45 – 10:45 a.m.
Let me tell ya about me...
3 years a TV meteorologist

About Me
About Me

Bachelor’s
NWMSU
(Geo/Broadcasting)
About Me

Adjunct Instructor
Liberty Univ.

Research Associate
Univ. of Oklahoma
NWSTC

Master’s
Mississippi St.
(Geo/Meteorology)

Bachelor’s
NWMSU
(Geo/Broadcasting)
Purpose

What?

To improve instructor performance skills...
Purpose

What? To improve instructor performance skills...

When? ...in online and in person settings...
To improve instructor performance skills...

...in online and in person settings...

...in order to make positive impacts to the learning experience.
The Rundown...

The Voice

The Body

The Look

Practice
The Voice
Check, Check, 1, 2, 3...
Your voice includes...
Your voice includes:

- **Volume**: Louder, Volume, Lower
- **Tone**: Higher, Tone, Quieter
- **Pitch**: Higher, Lower, PITCH
- **Rhythm**: Pace, Breathe, Pause
Breathing

- Volume
- Tone
- Pitch
- Pauses
- Pace
Proper breathing:

1. Inhale through your nose.
2. Expand your diaphragm.
3. Exhale through your mouth.
To change your tone:

- Emphasize words
- Vary speed
- Use pauses
- Include facial expressions
- Use multiple speakers
- Use different speakers
Let’s Eat Grandma

To change your tone:

• Emphasize words
• Vary speed
• Use pauses
• Include facial expressions
• Use multiple speakers
• Use different speakers
The boy ran across the street. He came to a quick stop. There, he saw a huge monster glaring at him.
High Pitch
More natural for women.

Low Pitch
More natural for men.
Mary had a little lamb, its fleece was white as snow.

Mary had a little lamb, little lamb,

Mary had a little lamb, its fleece was white as snow.
Pleasant sounds are at a middle volume with peaks into higher levels.
Pauses

- Gives learner a chance to absorb information
- Demonstrates confidence
- Breaks up a rapid pace
- Adds power or emphasis to a phrase or section of content
Your voice includes...

Louder

Volume

Higher

Lower

PAUSE

Tone

Quieter

BREATHE

PITCH

Higher

Lower
The Body

Failing by Flailing...
• Are you sending out the right message?

• How does your body perform?
We move closer or farther away depending on our feelings towards something.
Power

Make ourselves larger or smaller to reflect how powerful we feel.
Big actions mean big negative/positive response. Little to no action, means less influence or response.
Non-verbals – Be aware when you present and perform...
Facial Expressions

- **Eyebrows**
  - emotion, expression

- **Eyes**
  - confidence, respect, intimacy, emotion

- **Mouth**
  - vocal tool, emotion, confidence
Facial Expressions
Partner Activity:
What facial animation do you employ?

Introduce yourself to your neighbors...
Arms/Hands

Hand/Arms Dos:

- Use hands to point
- Gesture naturally
- Let arms fall organically
- Illustrate with motion
- Use “do not” poses in short intervals
Legs/Feet

**Do**

- Stand strong
- Feet shoulder width apart
- Walk to engage

**Do not**

- Sway or rock
- Constantly distribute weight
- Kick imaginary rocks
- Frequently bend at the knees
- Pace quickly
Professional Etiquette can take you to the next level.
The Next Level

Dress

...professionally or in character when playing a role.

Design

...performance materials with polished grammar, colors, and images.
Dressing the Part

• Dress a level above your students for lectures.
Dressing the Part

• Dress a level above your students for lectures.

• Leave some things to the imagination…
• Dress a level above your students for lectures.

• Leave some things to the imagination…

• Jewelry should have limits.
• Dress a level above your students for lectures.

• Leave some things to the imagination…

• Jewelry should have limits.

• Dress your age.
Dressing the Part

- Dress a level above your students for lectures.
- Leave some things to the imagination…
- Jewelry should have limits
- Dress your age
- If playing a role for a video, dress as that role.
Design

- Proofread, proofread, peer review
- Coordinate colors/layout
- Develop a style
- Brand multiple presentations/seminars/courses
Practice, Practice, Practice

How else do you get to Carnegie Hall?
Practice Makes Perfect

- Record Yourself
- Peer Review
- Warm-Ups
- Toastmasters
- Watch YouTube
- Search for Resources
Questions??