Using the Developer Tab

How to access the Developer Tab
2010 and 2013
File tab
Options
Customize Ribbon
Select the Developer check box from the list of Main Tabs
Click OK
Developer tab shows up on the Ribbon
Making forms:
Content Controls – interactive elements
Create a table
Create label fields and answer fields
Click where you want to add a content control
Nine control options
Click on the one you want
Click design mode (1x) and then right click and properties to choose options
Form shading on reveals text boxes to the user
Finalize form:
Click on Restrict Editing (in the Protect Group)
Options open in a side bar.
Click on the box next to "Allow only this type of editing in the document:
Use the pull-down menu to choose: Filling in Forms
Click on "Yes, Start Enforcing Protection"
To skip adding a password, click OK